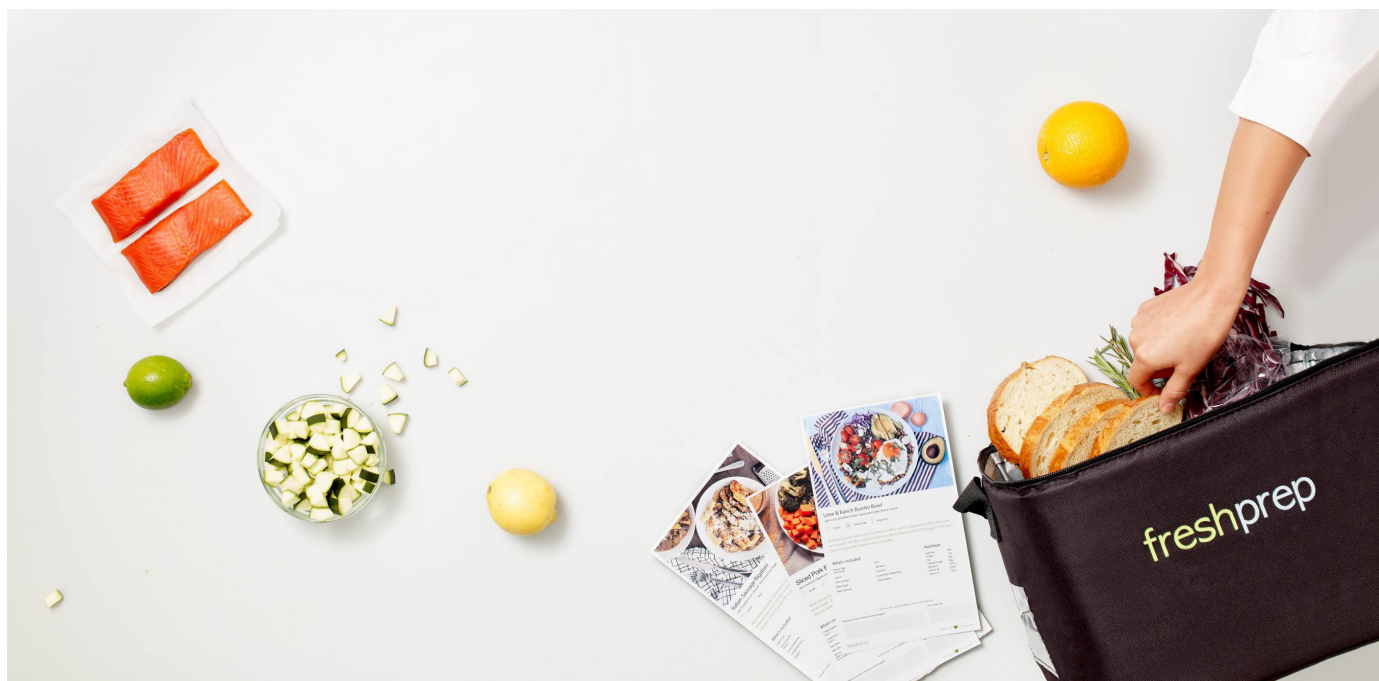


freshprep



Enjoy 3- free meals on your first order

As a local Vancouver Company, we believe that the quality of your life starts with the food you eat. That's why we've chef designed and nutritionist approved meals to help save the busy professional from grocery shopping and wasted groceries while supporting local suppliers!

Fresh Prep is excited to offer all VCH Staff & Family 3 free meals on your first order (worth \$33)! If you choose Fresh Prep's entry level plan for 2 people with 2 recipes, you will get your first week of Fresh Prep with 4 meals for as low as \$11!

Enter your exclusive promo code during registration* to claim your 3 free meals.

Your promo code: **FPVCH**

Or simply visit www.freshprep.ca/fpvch to automatically apply the code and 3 free meals!

*Promo Code expires on December 31, 2019. Apply promo code at gift voucher box on payment page. New Customers only. Any issues or questions can be redirected to jackie@freshprep.ca

Sign up with code